

# St. Stephen's HUMAN SERVICES INTERNSHIP OPPORTUNITY

TITLE: Healthy Families Program Intern

JOB TYPE: Unpaid Internship

SCHEUDLE: Negotiable (7-10 hours/week)

#### ABOUT US

St. Stephen's Human Services is a leading, 501c3 growing nonprofit whose mission is to end homelessness. Through programming that includes housing opportunities, employment support, emergency services, and outreach, we help thousands of people secure housing and other support each year. We use the knowledge from our work to influence systemic changes to improve the quality of life for all people we serve in our community. St. Stephen's Human Services is an Equal Opportunity Employer/AAE with excellent benefits and growth opportunities.

#### PROGRAM/POSITION OVERVIEW

The Family Programs Division serves families who are homeless or at risk of homelessness in Hennepin County. Our programs include Rapid Rehousing, Kateri Residence (a transitional and scattered site housing program), Supportive Housing, Young Parent Supportive Housing, Prevention, Alcohol and Drug Counseling, and Early Childhood Education. By offering programs of varying intensity and length, we hope to be able to provide the level of service the family needs to be successful. The goal in all of our family programs is to assist families in stabilizing their housing and achieving self-sufficiency.

The Healthy Families Program Intern works with our Healthy Families Initiative program, which provides early childhood education and parenting support and chemical health counseling, as well as parenting and family wellbeing support groups to families participating in one of St. Stephen's family housing programs. The overarching goal of the HFI program is to foster growth in parent-child relationships to increase housing stability and family wellbeing.

The Healthy Families Program Intern placement is designed for students to gain experience in non-profit work, promote learning around the impact of homelessness and trauma for young children and families, as well as increase exposure to housing and homeless services in the community. Internships can typically be tailored to an individual's interest, internship requirements, and schedule.

### PRIMARY DUTIES

The Early Childhood Services Intern will work alongside staff to accomplish the following:

- provide structured, trauma-informed childcare experiences for children whose parents participate in family programs support groups;
- develop childcare materials and activities to be implemented with children during family programs support groups;

- coordinate with HFI staff to learn about and model developmentally appropriate activities and positive behavior management techniques while interacting with participants;
- maintain open, friendly, and cooperative relationships with children and their parents;
- participate in training and supervision to enhance knowledge of homelessness, adverse childhood experiences, trauma, attachment patterns and theories, and related behaviors;
- · complete accurate documentation of childcare attendance; and
- · other responsibilities as assigned.

# **DESIRED QUALIFICATIONS**

An ideal candidate would possess the following attributes:

- ability to be flexible and adaptable
- ability to build professional, trusting and respectful relationships with people of diverse backgrounds and ages;
- eagerness to learn about homelessness, adverse childhood experiences, trauma, attachment patterns and theories, child development, and related behaviors;
- · ability to work collaboratively and creatively with staff; and
- · must pass a background check

## **SCHEDULE**

Childcare for group programming is needed for the following times. Additional hours for training, planning, and supervision are negotiable.

- Tuesdays, 11:00 pm-1:00 pm
- Wednesdays, 1:30 pm-2:30 pm
- Thursdays and Fridays, 10:00 am-12:00 pm

### TO APPLY

Email your resume and brief statement of interest to Tess at TGehring@ststephensmpls.org.