



# ST. STEPHEN'S

Ending Homelessness

## A DAY IN THE LIFE

### **Overview:**

A Day in the Life is an educational walking tour led by Community Educators who have experienced homelessness. The tour aims to highlight the complex nature of homelessness, learn from those who have experienced homelessness, examine the causes and effects of homelessness, and explore what we can do to end homelessness as we know it.

During A Day in the Life, groups visit shelters, drop-in centers, free-meal sites, affordable apartment properties, and other service centers in order to gain insight into the resources and services available in our community. Groups also spend time engaging in conversations with individuals who have experienced homelessness in order to better understand their challenges, successes, and perspectives.

Tour participants may encounter viewpoints or situations that are challenging or uncomfortable. Not all views reflect the philosophy or practices of St. Stephen's Human Services, but are nonetheless an important part of the A Day in the Life experience.

### **Schedule:**

Experiences are scheduled Monday - Thursday. Tours are not available on Friday.

Full-day tours take place from 9am-5pm.

Half-day tours are four hours long and take place from 9am-1pm, 11am-3pm, or 3-7pm.

### **Participants:**

A Day in the Life is designed as a group experience.

Individuals can participate by joining a preexisting groups (contact Abby to see tour schedule).

A group consists of 8 to 20 people. The party will be split into smaller groups of 3-6 people. All groups begin and end the day together.

Participants must be at least 13 years old. Groups with individuals under the age of 18 are required to bring an adult chaperone (no charge) to accompany each small group; this usually equates to one chaperone per every four to five participants.

### **Location:**

Attendees begin the day at St. Stephen's Clinton Avenue Shelter at 2211 Clinton Ave S., Minneapolis, MN 55404. Free parking is available on the street or in the small parking lot located between St. Stephen's Church and St. Stephen's Shelter.

Groups gather near the blue door in the back corner of the parking lot. In order to respect the privacy of shelter guests, groups will enter the building after 9am when the shelter officially closes.

Most tours conclude with a closing debrief at the main St. Stephen's office, located at 2309 Nicollet Ave. Groups then walk 3 blocks back to the Clinton Avenue Shelter at the end of the day.

**Distance:**

Half-day tours include walking approximately 2-4 miles; full-day tours include walking approximately 4-7 miles. During certain tours, groups will use vehicles or public transportation to get to different sites.

Tour groups that participate in the full-day experience will debrief for one hour at the end of the day. Due to time limitations, most half-day tours are encouraged to debrief independently. Debriefing materials are available upon request.

**Cost:**

Full-day tour (9am-5pm) is \$75 per person.

Half-day tour (9am-1pm/11am-3pm/3pm-7pm) is \$40 per person.

In order to plan a tour and cover all costs, an accurate head count of participants is required. Please include the most accurate number possible on the registration form. This number should be finalized two weeks prior to the tour. If the number is not updated, and fewer participants attend than expected, we will still bill for the number of participants listed on the registration form. If additional participants attend above the number on the registration form, we also will bill for additional participants.

No shows, cancelations, and reschedules within 48 hours will be billed at 100%.

**How to Pay:**

Groups and individuals can pay by cash, credit card, or check. If paying by check, please make payable to St. Stephen's Human Services, and include "ADITL + the date of your tour" in the memo.

Groups can pay the day of the tour or an invoice will be sent afterward.

**What to bring:**

A water bottle (optional)

Comfortable walking shoes

Weather-appropriate clothing

**How to register:**

Register online at <https://ststephensmpls.org/learn-advocate/day-life>.

**Questions?**

Contact Abby Abele at St. Stephen's Human Services at 612.715.0449. or [AAbele@StStephensMPLS.org](mailto:AAbele@StStephensMPLS.org).

**Thank you for your interest in learning about homelessness and extreme poverty in our community.**