



ST. STEPHEN'S

Ending Homelessness

PREPARE AND SHARE A SHELTER MEAL

FIRST COVENANT SHELTER, BY ST. STEPHEN'S

810 7TH ST, MINNEAPOLIS, MN 55415 PHONE NUMBER 612-204-8294

St. Stephen's Shelter seeks volunteers to coordinate meal groups that plan, purchase and prepare monthly meals for 55 - 60 people (50 shelter guests plus volunteers, shelter staff and your meal team). St. Stephen's strives to create a warm and hospitable environment for all shelter guests. Volunteer meal groups play an integral role in this effort.

DESCRIPTION:

- Coordinators recruit a group to plan, purchase, prepare, share said meal, and clean up after the meal with 55-60 people (50 shelter guests, volunteers, evening staff and meal team members).
- A typical meal includes a meat-based entrée (non-pork), vegetarian side, vegetable or salad, and dessert. The cost of the meal tends to be approximately \$100-\$150.
 - Water and coffee are always available. Beverages, like cider, milk, or juice, are welcomed and appreciated.
- Meal groups should eat alongside guests, contribute to a welcoming atmosphere, and help with clean-up.
- Groups are welcome to prepare the meal off-site or directly at the shelter. The shelter is equipped with a commercial kitchen.
- Plates, utensils, and cups are available at the shelter for use, but groups are welcome to bring disposable items if desired.

REQUIREMENTS:

- Volunteers should have the ability to recruit a group to fulfill the commitment of purchasing ingredients and supplies and preparing a healthy meal for 60 people. (A group of 4-6 people is best, 12 people maximum.)
- Volunteers should be open-minded, non-judgmental and must be dependable.
- Minimum age: Decision of parent/guardian. Be aware that the shelter is not a sober space, and children must be supervised at all times.

SCHEDULE AND TIME COMMITMENT:

- Dinner is served promptly at 6:30pm.
- Groups should arrive around 5:00-6 pm for additional prep time or to re-heat dishes.
- The ideal group will commit to monthly meals for 12 months (preferred, but not required).
- We encourage meal groups to commit to a single experience and let their team discern whether they are able to make an extended commitment.
- If your group is running late, please call the shelter directly to let them know you are still coming.
- If a group cancels last minute (less than 24 hours), or does not show up for their scheduled meal, our staff need to order last-minute food (i.e. pizza) to ensure guests have a meal for the night. **We request groups make a \$150 donation to the shelter to help cover the cost of last-minute food orders in the case of cancelations and no-shows.**

VISIT THE ST. STEPHEN'S MEAL CALENDAR TO VIEW CURRENT OPENINGS:

<https://ststephensmpls.org/volunteer>. Scroll to the bottom of the page and click the arrow next to the First Covenant Shelter Meal Calendar to view.

CONTACT MEG BARKE TO SCHEDULE A MEAL: mbarke@ststephensmpls.org | 612-879-7635